

The Magical Path with Marc Allen
Creating the Life of Your Dreams and a World that Works for All

Introduction

Welcome and Introduction
The Magical Path
A Word About Repetition
Preparing for the Workshop

Session One: Affirming the Dream

It All Begins with a Thought
The "Closing the Gates" Exercise
Introduction to the Ideal Scene Process
Guided Ideal Scene Meditation
Guided Ideal Scene Meditation (Downloadable Audio File)
The Power of the Spoken Word
Suggested Practice

Session Two: Realizing the Dream

The Power of the Written Word
Creating and Using Written Affirmations
The Treasure Mapping Exercise
The Middle Pillar Meditation
The Middle Pillar Meditation (Downloadable Audio File)
Suggested Practice

Session Three: Healing and the Force of Life

Magic in a Nutshell
The Art of True Healing
Introduction to the Middle Pillar Meditation for Healing
Guided Middle Pillar Meditation for Healing
Guided Middle Pillar Meditation for Healing (Downloadable Audio File)
Suggested Practice

Session Four: Dealing with Core Beliefs

Welcome and Introduction
The Core Belief Process
Guided Core Belief Exercise
Guided Abundance Meditation
Guided Abundance Meditation (Downloadable Audio File)
Suggested Practice

Session Five: Magical Relationships

Welcome and Introduction
A Morning Routine
Morning Meditation
Morning Meditation (Downloadable Audio File)
Magical Relationships
Guided Problem Solving Meditation

Guided Problem Solving Meditation (Downloadable Audio File)
Suggested Practice

Session Six: The Spiritual Path to Success

Welcome and Introduction
Three Levels of Being
Guided Spiritual Path Meditation
Guided Spiritual Path Meditation (Downloadable Audio File)
Creating a Better World For All
Final Thoughts